

Health and Well-being - Relationships
First Level HWB 1-44a *

I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.

Health and Well-being - Relationships
First Level HWB 1-44b *

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.

Health and Well-being - Relationships
First Level HWB 1-45b *

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.

Health and Well-being - Relationships, sexual health and parenthood
First Level HWB 1-45a

I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.

Health and Well-being - Relationships, sexual health and parenthood
First Level HWB 1-47a

I recognise that we have similarities and differences but are all unique.

Health and Well-being - Relationships, sexual health and parenthood
First Level HWB 1-47b

I am aware of my growing body and I am learning the correct names for its different parts and how they work.

Health and Well-being - Relationships, sexual health and parenthood
First Level HWB 1-48a

I am learning what I can do to look after my body and who can help me.

Health and Well-being - Relationships, sexual health and parenthood
First Level HWB 1-49a

I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this.

Health and Well-being - Relationships, sexual health and parenthood
First Level HWB 1-50a

I am learning about where living things come from and about how they grow, develop and are nurtured.

Health and Well-being - Relationships, sexual health and parenthood
First Level HWB 1-51a

I am able to show an awareness of the tasks required to look after a baby.